



2011 Hridaya Retreat Calendar

January 2011

- 27 December 2010 - 4 January 2011: Hridaya Retreat (8 days) **Sanpetru (Brasov), Romania**

February 2011

- 5 – 13 February: Hridaya Retreat (8 days), **Sanpetru (Brasov), Romania**

March 2011

- 4 – 13 March: Hridaya Retreat (10 days), **Koh Phangan, Thailand**

April 2011

- 29 April - 8 May: Hridaya Retreat (10 days), **Koh Phangan, Thailand**

May 2011

- 29 April - 8 May: Hridaya Retreat (10 days), **Koh Phangan, Thailand**
- 27 May – 5 June: Hridaya Retreat (10 days), **Koh Phangan, Thailand**

June 2011

- 27 May – 5 June: Hridaya Retreat (10 days), **Koh Phangan, Thailand**
- 24 June – 3 July: Hridaya Retreat (10 days), **Koh Phangan, Thailand**

July 2011

- 24 June – 3 July: Hridaya Retreat (10 days), **Koh Phangan, Thailand**

- 22 July – 7 August: Advanced Hridaya Retreat (17 days), **Koh Phangan, Thailand**
- 22 – 31 July: Hridaya Retreat (10 days), **Koh Phangan, Thailand**

August 2011

- 22 – 31 July – 7 August: Advanced Hridaya Retreat (17 days), **Koh Phangan, Thailand**
- 20 – 28 August: Hridaya Retreat (8 days), **Sanpetru (Brasov), Romania**
- 30 August – 4 September (5 days), **Spiritual Trip in the Bucegi Mountains, near Busteni, Romania**

September 2011

- 23 September – 1 October (8 days): Hridaya Retreat, Lotus Heart Centre, **Brighton, Ontario (Canada)**

October 2011

- 23 September – 1 October (8 days): Hridaya Retreat, **Lotus Heart Centre, Brighton, Ontario (Canada)**
- 7 – 11 October: Hridaya Retreat (5 days), **Nass Valley (100 km north of Terrace), Northern British Columbia (Canada)**
- 14 – 16 October: Hridaya Retreat Workshop (3 days), **Kelowna, BC (Canada)**
- 21 – 24 October: Hridaya Retreat (4 days), **Vancouver, BC (Canada)**
- 28 – 30 October: Hridaya Retreat Workshop (3 days), **Kingston, Ontario (Canada)**

November 2011

- 3 – 6 November: Hridaya Retreat (4 days), **Glasgow, Scotland**
- Dates TBA (mid November): Hridaya Retreat (8 days), **Sanpetru (Brasov), Romania**
- 24 – 27 November: Hridaya Retreat (4 days), **Zurich, Switzerland**

December 2011

- 26 December 2011 - 3 January 2012: Hridaya Retreat (8 days), **Sanpetru (Brasov), Romania**

Dates and events are subject to change.