



# Vira Training

Real men are hard to find nowadays,  
but they can be made



## Vira Workshop

This 5-day workshop is dedicated to the study of the tantric vision on male spiritual seekers in the 21st century. Together with blocks of theory, practical training for the individual will be presented in an eloquent and scientific manner.

In the Tantric tradition Vira is a term used to describe the model male typology for the Tantric practitioner. It refers to the composite ideal of perfect masculine, manly, and heroic characteristics. According to the tradition, Vira characteristics are very difficult to develop in today's world, because the dominant typology is the inferior, or Pashu, typology.

Thus this workshop is for those who are interested in developing the Vira characteristics necessary for the perfection of Tantric practice. It is reserved for men only, and this factor alone will amplify masculinity. Techniques will be given and practiced to develop the masculine energy, especially from the standpoint of

the Tantric tradition. The workshop includes theory, meditation, and practical exercises.

The counterpart of this course is the Complete Femininity Workshop.

This workshop requires no prerequisites and printed supplemental material will be provided to participants.

The Vira Workshop will be held at Agama Yoga, Bovy Resort, Haad Chao Phao, Koh Phangan, Thailand.

Dates: 19 - 23 May 2008  
Price: 150 EUR/7000 THB

Contact us at [info@agamayoga.com](mailto:info@agamayoga.com) with further questions or to reserve your space!

Don't miss this exceptional opportunity!