



tantra 1 workshop



The esoteric Tantra 1 teachings are presented in a coherent, step-by-step approach, well adapted to the Western mentality without losing their original mystique and richness. The mysteries and secrets of spiritual eroticism are presented in conjunction with the relevant information from Yoga, Chinese Taoism, Tibetan Buddhism, alchemy, and Middle Eastern Imsak. Printed supplemental material is provided, and the workshops are marked by many exemplifications, meditations, and initiations (energy inductions).



TANTRA 1

Videos on relevant topics are presented whenever possible. The course keeps a commitment to a clear and elevated level of communication, but there are no explicit presentations or nudity whatsoever. Tantra 1 is consecrated mostly to theory, training, and practical issues for the individual. Tantra 2 (29 April - 3 May) follows with more in-depth treatments and covering mostly couple-practice issues.

cludes all the necessary knowledge for participants to start mastering tantric sexuality.

The Tantra 1 Workshop will be held at Agama Yoga School, Bovy Resort, Haad Chao Phao, Koh Phangan, Thailand.

Dates: 1 – 5 April, 2008

Price: 150 EUR/7000 THB

Teachings by
Swami Vivekananda Saraswati

Contact us at +66 (0) 892 330 217 or info@agamayoga.com with further questions or to reserve your space!

Don't miss this exceptional opportunity!



The syllabus for Tantra 1 includes subjects ranging from modern Sexology, the difference and separation between orgasm and ejaculation, analysis of the curves of pleasure and methods of retention/control of the sexual energy, the different forms of orgasm, to meditations of transmutation- sublimation of the sexual energy, Hatha Yoga relevant to the tantric practice, healing, medical correlations with Tantra, specific forms of training for men and for women, and study of the tantric sexual union. The course in-

