



tantra workshop

The esoteric Tantra 1 teachings are presented in a coherent, step-by-step approach, well adapted to the Western mentality without losing their original mystique and richness. The mysteries and secrets of spiritual eroticism are presented in conjunction with the relevant information from Yoga, Chinese Taoism, Tibetan Buddhism, Alchemy, and Middle Eastern Imsak. Printed supplemental material is provided, and the workshops are marked by many exemplifications, meditations, and initiations (energy inductions).



TANTRA1

The course keeps commitment to a clear and elevated level of communication, but there are no explicit presentations or nudity whatsoever. Tantra 1 is consecrated mostly to theory, training, and practical issues for the individual. Tantra 2 (May 1-5) follows with more in-depth treatments covering mostly couple-practice issues.

The syllabus for Tantra 1 includes subjects ranging from modern Sexology, the difference and separation between orgasm and ejaculation, analysis of the curves of pleasure and methods of retention/control of the sexual energy, the different forms of orgasm, to meditations of

Teachings by Swami
Vivekananda Saraswati

transmutation-sublimation of the sexual energy, Hatha Yoga relevant to the tantric practice, healing, medical corrections with Tantra, specific forms of training for men and women, and study of the tantric sexual union. The Tantra 1 workshop will be held at the Agama Yoga School, Bovy Resort, Haad Chao Phao, Koh Phangan, Thailand.

Date:
Time: Total 30+ hours
Price:

Contact us at info@agamayoga.com or call with further questions or to reserve your space!

Don't miss this exceptional opportunity!

www.agamayoga.com

